

# Feel Better with Your New Friend Pyxir



CONNECT AND FIND CARING WAYS TO BATTLE LONELINESS

*Pyx is a health app committed to changing the landscape of care – and making the world less lonely. Pyx's advanced use of technology lets you:*



Find resources to support your physical and mental health



Connect with real people for caring and friendly chats or for help to find resources



Feel better each day through friendship and a smile



Make the most of what California Health & Wellness has to offer

**!** Sign up at no cost today! Search Pyx Health in the Apple or Google Play stores or use your smartphone and go to [www.HiPyx.com](http://www.HiPyx.com) to get the app.

**Questions about the program?** Call **855-499-4777** (TTY: 711), Monday through Friday from 8 a.m. to 5 p.m., and Saturday from 10 a.m. to 2 p.m.

**Questions for California Health & Wellness?** Call Member Services at **877-658-0305** (TTY: 711), Monday through Friday, 8 a.m. to 5 p.m.

Everyone can use a little extra support. Visit [www.HiPyx.com](http://www.HiPyx.com) to learn more.

