HEDIS® Measure At-A-Glance: WCC

california health & wellness

Weight Assessment, Counseling for Nutrition and Physical Activity

Measure Descriptions

The percentage of members ages 3-17 who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following criteria completed at least once during the measurement year:

1) *BMI percentile*
2) *Counseling for nutrition*
3) *Counseling for physical activity*

**Pregnant members are excluded*

Common Billing Codes

Description	Codes
BMI Percentile	**ICD 10:** Z68.51-Z68.54
Counseling for Nutrition	**CPT:** 97802-97804 **ICD 10:** Z71.3 **HCPCS:** G0270, G0271, G0447, S9449, S9452, S9470
Counseling for Physical Activity	**HCPCS:** G0447, S9451

HEDIS® Tips and Best Practices

- This measure couples well with well child visits (W34). Both measures will benefit from one visit. Please ensure correct coding when billing for both measures.
- Contact parents of patients to schedule their visits at least once a year.
- Utilize sick visits and sports physicals to also complete this measure. Include and document all three measure components during a sick visit for a compliant WCC record.
- Check boxes and pre-populated forms and EHR screens can save time for hands-on providers. Consider adding or turning on these features in your EHR system if available.
- When counseling for nutrition discuss appropriate food intake, healthy eating habits, issues including body image and eating disorders, etc.
- When counseling for physical activity discuss organized sports activities or after school programs and document age appropriate activity such as "rides bike for 30 minutes a day."
- Outreach and schedule appointments during times that are more convenient for parents and their children. Take advantage of school breaks and holidays (i.e. summer break, winter break, etc.) and offer extended/weekend hours.