

# Telehealth

GET THE CARE YOU NEED, WHEREVER YOU ARE

*With telehealth, you can “see” a doctor or therapist from the comfort and safety of home. You can get medical advice, a diagnosis or a prescription by video.*

## It's just like a normal visit

And, it's available at no cost to you. You can use telehealth at home, at work, or when you travel. It's great for issues like:

- Colds, flu and fevers
- COVID-19 symptoms
- Rashes or skin problems
- Ear infections
- Allergies and sinus issues
- Pink eye
- Coughs and lung infections

## Babylon Health online video visits

California Health & Wellness is working with Babylon Health to offer you access to telehealth services at no cost through the Babylon app. With the Babylon app, you can get telehealth services via mobile device 24 hours a day, 7 days a week.



**1** Download the Babylon Health app on the Google Play or Apple App store.

**2** Set up and activate your account, using the code: **CHWMC.**

Contact Babylon Health if you need help downloading or using the app:

By phone (toll free)  
1-800-475-6168 (TTY: 711)  
5 a.m.–7 p.m., 7 days a week

By email  
[us-support@babylonhealth.com](mailto:us-support@babylonhealth.com)

©2020 California Health & Wellness. All rights reserved.

FLY045289E000 (1/21)

## Need help?

Call California Health & Wellness Member Services (toll-free)

1-877-658-0305 (TTY: 711)  
Monday–Friday  
8 a.m. to 5 p.m.