

Authorization Guide for Day Habilitation Programs

Day Habilitation Programs assist the member in acquiring, retaining, and improving self-help, socialization and adaptive skills necessary to reside successfully in the person’s natural environment. The services are provided in a member’s home or an out-of-home, non-facility setting.

The services are available for as long as necessary.

Members must meet the following criteria to qualify for a Day Habilitation Program:

Eligibility	Restrictions
<ul style="list-style-type: none"> • Members who are experiencing homelessness; • Members who exited homelessness and entered housing in the last 24 months; and • Members at risk of homelessness or institutionalization whose housing stability could be improved. 	<ul style="list-style-type: none"> • Member is participating in duplicative state, local, or federally funded programs.
Service includes:	
<p>Member training on (but not limited to):</p> <ul style="list-style-type: none"> • The use of public transportation. • Personal skills development in conflict resolution. • Community participation. • Developing and maintaining interpersonal relationships. • Daily living skills (cooking, cleaning, shopping, money management). • Awareness of community resources, such as police, fire, and local services, to support independence in the community. <p>Member assistance with (but not limited to):</p> <ul style="list-style-type: none"> • Selecting and moving into a home.¹ • Locating and choosing suitable housemates. • Locating household furnishings. • Settling disputes with landlords.² • Managing personal financial affairs. • Recruiting, screening, hiring, training, supervising, and dismissing personal attendants. • Dealing with and responding appropriately to governmental agencies and personnel. • Asserting civil and statutory rights through self-advocacy. • Building and maintaining interpersonal relationships, including a circle of support. • Coordination with managed care plan to link the member to any Community Supports and/or enhanced care management. • Referral to non-CS housing resources if the member does not meet Housing Transition/Navigation Services CS eligibility criteria. 	

¹Refer to the Housing Transition/Navigation Services CS.

²Refer to the Housing Tenancy and Sustaining Services CS.

<p>Service includes, continued:</p> <ul style="list-style-type: none"> • Assistance with income and benefits advocacy including general assistance/general relief and supplemental security income (SSI) if the member is not receiving these services through CS or ECM. • Coordination with managed care plan to link the member to health care, mental health services, and substance use disorder services based on the member’s individual needs.
<p>Total lifetime maximum: Services are available for as long as necessary. Services can be provided continuously or through intermittent meetings, in an individual or group setting.</p>
<p>Codes: T2020 U6</p> <p>Unit of Service: Per Diem</p>
<p>Allowable Community Supports providers: Providers must have experience and expertise with providing housing-related services and supports in a culturally and linguistically appropriate manner. Provider must use best practices in rendering services.ⁱ</p>
<p>State services to be avoided: Examples include but are not limited to inpatient and outpatient hospital services, emergency department services, and skilled nursing facility services.</p>

ⁱ**Examples of provider** mental health or substance use disorder treatment providers, including county behavioral health agencies • licensed psychologists • licensed certified social workers • registered nurses • home health agencies • professional fiduciary • vocational skills agencies.