

Authorization Guide for Sobering Centers

Sobering Centers are alternative destinations for individuals publicly intoxicated (due to alcohol and/or other drugs) who would otherwise be transported to the emergency department or jail.

This service is covered for a duration of less than 24 hours. Authorize one unit with no continuous extensions.

Members must meet the following criteria to qualify for the Sobering Centers service:

<p>Eligibility</p> <ul style="list-style-type: none"> • Individuals aged 18 and older who are intoxicated and: <ul style="list-style-type: none"> ○ Conscious. ○ Cooperative. ○ Able to walk. ○ Nonviolent. ○ Free from any medical distress. ○ Has no apparent underlying symptoms. • Members who would be transported to the emergency department or a jail. • Members who present to an emergency department and are appropriate for a Sobering Center. 	<p>Restrictions</p> <ul style="list-style-type: none"> • Member is participating in a duplicative state funded sobering program.
<p>Program overview</p> <ul style="list-style-type: none"> • Provide members (primarily those who are homeless or in unstable living situations) with a safe, supportive environment to become sober. • Provide services such as: medical triage, lab testing, a temporary bed, rehydration and food service, treatment for nausea, wound and dressing changes, shower and laundry facilities, substance use education and counseling, navigation and warm hand-offs for additional substance use services or other necessary health care services, and homeless care support services. 	<p>Service requirements:</p> <ul style="list-style-type: none"> • Direct coordination with behavioral health agency, and warm hand-offs for additional behavioral health services. • Screening and linkage to supportive services such as mental health, substance use disorder treatment and housing options. • Partnership with law enforcement, emergency personnel, and outreach teams to identify and divert individuals to Sobering Centers. • Utilize best practices for members experiencing homelessness and who have complex health and/or behavioral health.
<p>Total lifetime maximum: N/A</p>	
<p>Code:</p> <ul style="list-style-type: none"> • H0014 U6 Alcohol and/or drug services; ambulatory detoxification. 	
<p>State services to be avoided: Examples of services to be avoided include but are not limited to: inpatient and outpatient hospital services, emergency department services and emergency transportation services.</p>	
<p>Allowable Community Support providers: Providers must have experience and expertise with providing these unique services.ⁱ</p>	

ⁱExamples of possible providers: Sobering Centers, or other appropriate and allowable substance use disorder facilities