



# RECOMMENDATIONS DURING COVID-19



## ASTHMA MANAGEMENT

People with asthma are at a higher risk of complications from COVID-19 such as pneumonia and *Acute Respiratory Disease Syndrome*. Visit the [CDC website](#) for more information.

### A REMINDER OF RESOURCES FOR MCPs



#### Medications and Telehealth

- ▶ **On-line Medication Availability:** Consider on-line ordering for members and informing them of its availability.
- ▶ **Refills:** Consider use of automatic refills and adjust refill limits.
- ▶ **Medication Delivery:** Consider home or mail delivery to members.
- ▶ **Telehealth Updates:** Review DHCS' [telehealth](#) guidelines and virtual communication guidance.



#### Helpful Reminders for Members

- ▶ **Provide Asthma Information:** Recognize and avoid asthma triggers, and learn the proper use of [asthma inhalers](#).
- ▶ **Navigating Health Resources:** Provide information on managing [stress](#), and steps to [prevent getting sick](#) including vital vaccinations.
- ▶ **Asthma Control Feedback:** Inform about "[Asthma Quicktake: Medications](#)".