

PRACTICE RESOURCES DURING COVID-19

A postcard resource guide that can be used by providers

GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 1)



Cultural Competence is a foundational pillar for reducing health disparities through culturally sensitiveand unbiased quality care. In the wake of COVID-19, culturally competent approaches to care are morenecessary than ever.AHRQ and Boston Medical Center

CULTURAL COMPETENCE IN CARING FOR THE LGBTQIA+ POPULATION

- Watch a panelist of doctors describe their experiences in engaging with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex and Asexual (LGBTQIA+) population.
- Learn about <u>establishing</u> relationships and avoiding communication missteps.
- Watch <u>effective communi-</u> <u>cation</u> strategies and lessons learned.



- Watch a webinar on strategies in addressing providers' <u>unconscious and implicit</u> bias.
- Learn more about health care approaches for <u>LGBTQIA+</u> indigenous communities.
- Watch movie documenting the experiences of <u>two spir-</u> <u>it</u> and third-gender indigenous people in California.



Click on images



RESOURCES WHEN ENGAGING WITH FAMILIES

Children and Adolescents	 Learn evidence-based <u>behavioral health care approaches</u> including affirming techniques that can be used by providers (recorded webinar). Learn how providers can <u>apply best practices in serving gender-diverse families by providing resources</u> and appropriate referrals. Learn and understand the <u>experiences of transgender and gender-diverse youth</u> and their families when accessing health care services (recorded webinar).
Older Adults	 Explore strategies to engage internal and community resources to support <u>gender-diverse</u> <u>older members</u> during COVID-19 (recorded webinar). Learn how to support LGBTQIA+ older adults with <u>housing and healthcare needs</u>, <u>provide</u> <u>affirming referrals for supportive services and offer inclusive health care environments</u>.



PRACTICE RESOURCES DURING COVID-19

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GENDER AFFIRMING CARE: CULTURAL COMPETENCE (PART 2)



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RESOURCES FOR RACIAL AND ETHNIC MINORITY GROUPS WITHIN THE LGBTQIA+ COMMUNITY

- Find out the unique challenges and barriers to care faced by <u>racial and ethnic minority groups</u> in the LGBTQIA+ community and how to provide culturally responsive care (recorded webinar).
- Learn ways of addressing the <u>mental health needs</u> of LGBTQIA+ impacted by COVID-19.
- Learn and understand the <u>experiences of transgender and gender-diverse Black Indigenous and People of Color</u> when accessing health care services (recorded webinar).

TRAINING RESOURCES FOR PROVIDERS

ON GENDER AFFIRMING CARE

	Source	Topics
آ	Quality Interactions	Offers multiple cultural competency courses that include clinical certificates. Example of a topic includes Creating a Welcoming Environment for LGBTQIA+ individuals.
	National LGBTQIA+ Health Educa- tion Center	Offers multiple learning resources and provides individualized training on topics affecting LGBTQIA+ population in health care. Most courses are free.
	San Mateo Pride.Org	Offers LGBTQIA+ focused trainings in building cultural humility and creating more equitable environments.
	LGBTQIA+/2S Collaborative	Offers multiple infographic materials and brochures regarding health care issues affecting LGBTQIA+ populations.
	UCSF Lesbian, Gay, Bisexual and transgender Resource Center	Offers multiple articles, publishing and on-line trainings.