

Members With Alcohol or Substance Use Disorder Can Be Referred to Bright Heart Health

VIRTUAL TREATMENT IS AVAILABLE

Bright Heart Health (BHH) provides telehealth services and virtual treatment programs¹ for alcohol and substance use, and for help to manage pain.

Members can access services with the BHH care team through online, face-to-face sessions in the comfort of their home. Treatment and services are covered for all members including those assigned to participating physician groups.

Services offered

- Alcohol and substance use.
- Mental health.
- Chronic pain management.
- Eating disorder treatment.

Treatment plans include

- Individual and group therapy.
- Telepsychotherapy appointments over the phone or video conferencing.
- Medication management.



Do your patients have questions?

Care Coordinators can provide answers. Patients can call **800-892-2695** for questions like:

- What does treatment look like?
- What are my options?
- How do I schedule an appointment?



No trips to the ER or waiting rooms.



Treatment delivered through video visits.



Proven treatment team of experts.

BHH medical providers can prescribe medications for Alcohol and Substance Use Disorders including Medication Assisted Treatment/Suboxone[®] and may refer members for other forms of treatment — such as for injections — as needed. BHH also works with each member to determine the best course of treatment. Members who would better be served by an alternate approach may be referred back to the referring provider for appropriate alternate care.

Bright Heart Health Virtual Clinic Admissions available 24/7; 365 days a year

Refer members to 800-892-2695 or [brighthearthealth.com](https://www.brighthearthealth.com)

¹All communication is secure and Health Insurance Portability and Accountability Act (HIPAA) compliant.